

# Abbey House

**Abbey House, managed by Louise and Claire, is a residential care home near the iconic De La Warr Pavilion in Bexhill. It is conveniently located next to a doctor's surgery, a stone's throw from a coffee shop and is just a 2 minute walk from the town centre and all its amenities.**

The team at Abbey House work hard to help residents achieve the very best quality of life. There is a very homely environment at Abbey House and residents feel like part of a family. Care at Abbey House is always client led, catering not just for clients' needs, but also helping to support their hopes, aspirations and personal standards. We tailor our care services around personal requirements in order to create a safe and structured feeling of home.

Abbey House is a large detached house decorated and furnished to a high standard. It provides spacious communal areas, comfortable living space and 23 individually styled bedrooms. It is a period property with plenty of character and charm. Communal space at the home includes a large lounge, leading onto

the dining room and private garden. The garden is lovely in summer and a popular area in which to relax. All communal areas of the house and garden are accessible either via the passenger lift or gentle ramps. The bedrooms have en-suite toilet and washing facilities – there are also two assisted bathrooms and one shower room. All bedrooms have a 24 hour call bell installed for added peace of mind. Meals from the extensive menus are high quality, varied and nutritious. Hot and cold food and beverages are available throughout the day.

With regular activities, excursions to the local area, visits from the clergy, library services and hairdressers to name but a few, residents of Abbey House receive an active home life in a safe and secure environment.



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# Arden House

**Arden House, managed by Darren, is a large, detached residential care home in Bexhill boasting a secure garden with fish pond. The train station is just a five minute walk away and the many activities provided by the local church at the end of the road are enjoyed by our residents.**

The team at Arden House work hard to help residents achieve the very best quality of life. Care at Arden House is always client led, catering not just for clients' needs, but also helping to support their hopes, aspirations and personal standards. We tailor our care services around personal requirements in order to create a safe and structured feeling of home.

Accommodation at Arden House is of generous proportions, with some of the 32 rooms benefitting from their own private conservatories. Other downstairs rooms have patio doors which lead out onto the garden. Many rooms towards the south-side of the house have sea views or look onto and over the bowling green. All rooms are en-suite, some equipped

with a full bathroom or shower room. Communal areas include a vast dining area and two lounges in which residents can relax. All communal areas of the house and garden are accessible either via the passenger lift or gentle ramps. All bedrooms have a 24 hour call bell installed for added peace of mind. Meals from the extensive menus are high quality, varied and nutritious. Hot and cold food and beverages are available throughout the day.

At Arden House, our residents are quite independent and are able to lead an active and sociable life in a secure environment, helped by our friendly yet professional staff members.



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# Glenmuir House

**Glenmuir House is a residential care home in the Victorian Quarter of St. Leonards. It is managed by Ali, who brings years of managerial experience to the Angel Healthcare team. New to Glenmuir House is the magnificent conservatory where residents can enjoy views of the garden from the warm and comfort of indoors.**

The team at Glenmuir House work hard to help residents achieve the very best quality of life. Care at Glenmuir House is always client led, catering not just for clients' needs, but also helping to support their hopes, aspirations and personal standards. We tailor our care services around personal requirements in order to create a safe and structured feeling of home. Glenmuir House is well equipped to serve the more dependent residents with mobility equipment, highly trained staff and a peaceful environment.

Glenmuir House is a large detached house decorated and furnished to a high standard with plenty of charm and beautiful features. It provides spacious communal areas, comfortable living space and 18 individually styled bedrooms. Communal space at the home includes a beautiful lounge, leading onto the patio and front

gardens. The garden is lovely in summer and a popular area in which to relax or enjoy some gentle gardening. All communal areas of the house and garden are accessible either via the passenger lift or gentle ramps. The bedrooms have en-suite toilet and washing facilities – there are also additional bathrooms on every floor. The 2nd floor rooms boast fabulous views over St Leonards and beyond to the sea and South Downs. All bedrooms have a 24 hour call bell installed for added peace of mind. Meals from the extensive menus are high quality, varied and nutritious. Hot and cold food and beverages are available throughout the day.

Residents are free to enjoy life in a safe and friendly environment. The health benefits and fullness of life we can bring to our residents is second to none.



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# Frequently asked questions...

## **Q: What are the visiting hours?**

**A:** Visitors are welcome at any reasonable time of the day at all of our care homes and do not need to make an appointment. Friends and family are welcome to dine with our residents or enjoy some tea and cake. They can also take residents out to the local area if they are fit and well enough.

## **Q: Can residents smoke?**

**A:** Whilst all of our care homes are non-smoking, each has a designated smoking area within the patio/grounds.

## **Q: Can residents drink alcohol?**

**A:** Each of our care homes provide some alcohol for residents to enjoy, for example at times of celebration, or a sherry before Sunday Lunch. Residents are also welcome to keep their own choice of drinks.

## **Q: What belongings can a resident bring?**

**A:** Our residents are provided with everything they need except for their clothes. However, to make their rooms feel more homely, residents are encouraged to bring some personal belongings such as pictures, blankets/throws, books or ornaments. It is not necessary for a resident to bring their own furniture, unless of course they would like to.

## **Q: Is there an activities programme?**

**A:** All of our care homes regularly host games and activities. There is no set programme as residents can request activities whenever they like. Residents who are able are also taken off site, for example to visit local exhibitions.

## **Q: Where are the bedrooms located?**

**A:** There are bedrooms on every floor of each care home. All are accessible according to the resident's mobility and are fitted with call bell systems. Each room is unique and all offer high ceilings and large windows with many boasting wonderful views, including of the sea, South Downs, bowling greens or gardens.

## **Q: What is the minimum age of a resident?**

**A:** As long as we are able to provide suitable care in one of our care homes in which the resident will thrive, there is no minimum age requirement. However, life is about balance and we assess each and every client to ensure that each care home has the right dynamics for all our residents.

## **Q: What is the staff to resident ratio?**

**A:** This can vary depending on care requirements or the time of the day, but is approximately 3-4 residents per member of staff. This allows our staff to dedicate plenty of time with our residents in order to provide care as well as companionship.

## **Q: How much does it cost and what are the payment terms?**

**A:** Prices start from £488 per week and are payable four-weekly, in advance.

## **Q: I have looked round an Angel Healthcare care home and want to live here, what are the next steps?**

**A:** A home assessment will be carried out by one of our managers to ensure we are suitable to meet your needs. With your permission, we may contact your GP. Once our suitability is confirmed, you are welcome to join us as a resident at an Angel Healthcare care home. During the first three months trial period, you are free to leave immediately if you so wish, thereafter there is a 28 day notice period.

**If you have any other questions, please feel free to contact us by email or phone, or visit one of our care homes.**