

Here is what some of our clients and their family's say about the service:

"The food is excellent, and M informed me that her carer was wonderful and really helped her".

"N and P provide first class support, you could not wish for a better placement and support".

"I'm looking forward to my holiday (in Sri Lanka with my providers) and am ticking off the days".

"J has increased his confidence and independence and has successfully begun a voluntary work placement"



Referral Route

All referrals to the Shared Lives Scheme must come through the Specialist Service Placement Team (SPT) and people must meet the eligibility criteria for funding.

You can e-mail SPT on ASC.SPT@eastsussex.gov.uk

For more information about Shared Lives, please contact Matt Holmes by e-mail matt.holmes@eastsussex.gov.uk or phone on 01323 747415.

Getting more copies of this leaflet
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East Sussex Shared Lives Scheme



What is Shared Lives?

Shared Lives is a type of accommodation based support that enables people to live life to the full in their communities.

Adults who need support or care are matched with a compatible Shared Lives provider who agrees to share their home and their family (or community) life with them. Support can include long term or short term accommodation and respite. Shared Lives can also be used to provide daytime support.

Shared Lives providers offer support including:

- ✓ Personal care
- ✓ Medication administration
- ✓ Support to access the community
- ✓ Targeted support to increase independence

The person being supported will have the privacy of their own room, but share family life with the person (or people) in the home. The majority of people will have a license agreement that enables them to claim housing benefit. Some providers live on their own, some are couples and some have children living with them.

In Shared Lives the goal is an “ordinary family life”, where everyone gets to contribute to real relationships and are able to be active, valued citizens.

Shared Lives is regulated by the Care Quality Commission (CQC) and providers are rigorously assessed, vetted and supervised following approval at an independent panel.

Who can access Shared Lives?

Shared Lives Providers offer support to a variety of people in a wide range of different situations. Individuals supported in Shared Lives arrangements may have learning or physical disabilities, mental health problems, or may be elderly or frail.

Shared Lives can also support people through transition from Children’s to Adult Services and people who may have misused substances or who are ex-offenders.



What does the Scheme do?

The Scheme looks after the administration of Shared Lives Placements. It also runs the approval and matching process to give arrangements the best chance to succeed. The matching process is at the heart of Shared Lives making sure the arrangement is the best possible fit, looking at shared interests and personalities.



Each placement is unique and the person receiving the support will always have control over the support they receive.

The scheme also provides training and ongoing support to its providers.