

Summary of Training and Experience

Title/Subject/Qualification	Name of Trainer	Website	Year Undertaken	Expiry Date if Appropriate
PA induction. This includes the Skills for Care common induction standards	East Sussex County Council	https://new.eastsussex.gov.uk/social-care/providers/training/apply	2016	
FAA Level 2 Award in Emergency First Aid at Work (QCF)	Freedom Leisure Training	www.freedom-leisure.co.uk	December 2016	December 2019
Level 2 Award in Food Safety and Catering	Chartered Institute of Environmental Health	http://www.cieh.org	June 2014	June 2017
Level 2 Award in Healthier Foods and Special Diets	Royal Society for Public Health	www.rsph.org.uk/qualifications.html	June 2014	
Support the use of Medication in Social Care Settings (Community) QCF Unit 3047	Prescription Training/ Royal Pharmaceutical Society	www.prescriptiontraining.com	February 2017	February 2020
Moving and Handling of People	ESCC	As above	2016	
Safeguarding Adults under the Care Act Dementia Domestic Violence and Abuse Deprivation of Liberty Safeguards Understanding Autism Mental Capacity Act	Kwango	www.kwango.com	2016	
Level 4 KV417 Working with Children with Complex Speech, Language and Communication Needs	University of Brighton	www.brighton.ac.uk	2013	

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Professional Background

My background is in the Hospitality industry and more recently as a Teaching Assistant working with many children with a variety of needs including cerebral palsy, speech and language needs, those on the autistic spectrum and global learning difficulties. I am used to promoting independence in others. I have been a self employed registered childminder, again looking after children with ranging needs in the community and at home.

Personal Experience

As a mum of two I am used to all aspects of caring duties, and caring for small pets (we have two guinea pigs). I have taken care of my elderly relatives in an unpaid carer role and for others as an assistant for Chores and Paws.

Areas of Expertise / Personal Interest

I really enjoy helping others, I am currently studying for a Diploma in Therapeutic Counselling. I believe that my expertise is in using a person-centred approach, which means that you, the client, know what you want and need for the best. I find that spending a little bit more time listening is usually more productive than prescriptive methods of care.

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